### School #UCIReignite Campaign

Tuesday, April 07, 2020 PS Communications Team



The COVID-19 pandemic has changed life as we know it with tremendous impact to our work, our homes, families and everything in between. With so many changes, staying motivated and connected to research interests is hard! Through the Physical Sciences #UCIReignite campaign we hope to spur our research community to reconnect with their passion for science.

#### #UCIReigniteMyPhysAstro ticle physicist and also the current chair of the Department of



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#### **Timothy Tait**

#### What do you love about your research?

What I really love about my research is never knowing exactly where it will take me. There are so many different ways that we human beings can learn about the Universe, and often when you start to think about a question, you find it takes you in totally unexpected directions and trying to learn Physics that is new to you. Sometimes it is overwhelming, but mostly it is exhilarating.

#### What first attracted you to the work you do?

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### How are you reigniting your passion during this time, and do you have any tips for how others can do the same?

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#### #UCIReigniteMyPhysAstro

Jason Baretz

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Department of Physics & Astronomy

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Graduate studentward studying physics at the most fundamental School of Physical Sciences

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#### birdwatching every other week or so at San Joaquin Wildlife Sanctuary near campus.



had that experience already to help deal with the transition to the new normal.

#### What first attracted you to the work you do?

For me, experimental particle physics is like a puzzle. At the LHC, we smash together two protons at high energy in the centre of our detector, and then get all these hits spraying out from there. By the time they reach the detector hardware (which extends from micrometers away from the collision, to several meters out radially), there have been all manner of intermediate states of matter and it is our job to work backwards from those and piece together what exactly happened right there in the centre.

### How are you reigniting your passion during this time, and do you have any tips for how others can do the same?

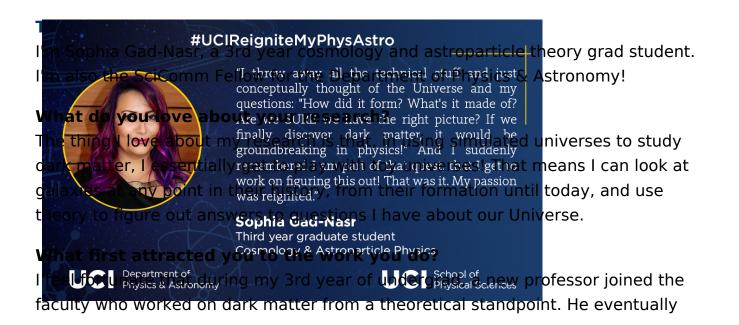
The main transition for me has been establishing a new routine. I've set up my work station in a quiet corner of the apartment, away from where I would normally spend my down time. It's tough, but creating this spatial separation has definitely helped me maintain my work ethic and passion for my work - I'd highly recommend a similar strategy for anyone that has the luxury of enough space to do so. And for those that don't, I think a strict time schedule is also useful for being able to switch on and off from work mode. Oh, and take the time to call your friends and family -Jackbox has been a great way to maintain social connection for me even with people that live in different countries and timezones!



about the real world that are so precise, yet we are still faced with so many unknowns.

## How are you reigniting your passion during this time, and do you have any tips for how others can do the same?

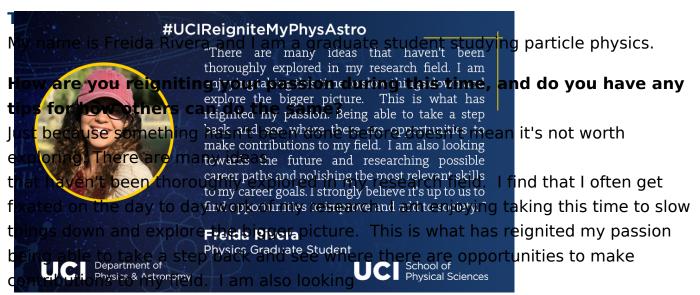
Writing this has helped me reunite with my passion. Taking some time away from my code to think about why I'm working on this project and pursuing this degree has helped reignite my passion. Overall, I've found it valuable to take time away from work to do something that I enjoy doing and not feel guilty about it. For me, that has recently meant cooking good food when I feel inspired, and being an active member of our Women in Physics and Astronomy (WiPA) club.



became my research advisor. The moment I began working with him, I knew this was what I wanted to do in grad school: cosmology!

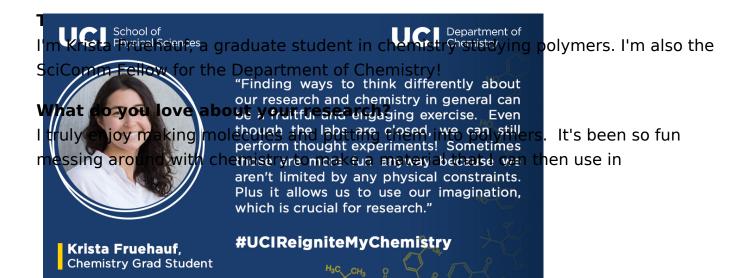
### How are you reigniting your passion during this time, and do you have any tips for how others can do the same?

It's been difficult to get to back to work while practicing social distancing. It's as though I forgot why I love what I do. What worked for me (and what I'd give as advice to anyone facing a similar issue) is throwing away all the technical stuff and just conceptually thinking of the Universe and my questions: "How did it form? What's it made of? Are we SURE we have the right picture? If we finally discover dark matter, it would be groundbreaking in physics!" And I suddenly remembered I am part of that quest, that I get to work on figuring this out! That was it. My passion was reignited."



towards the future and researching possible career paths and polishing the most relevant skills to my career goals. I strongly

believe it's up to us to find opportunities to improve and add to society.



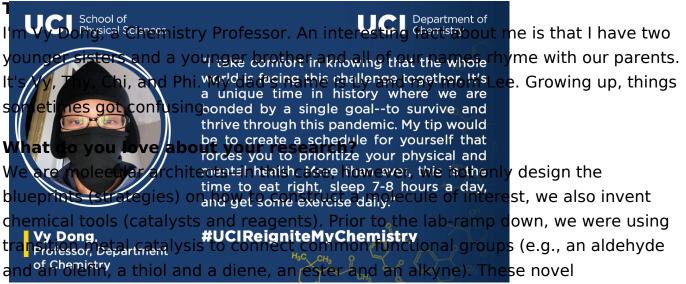
applications that can help people and the environment.

### What first attracted you to the work you do?

I've always been fascinated by making molecules, so to be able to do that and put them into a functioning material that I made myself has been so cool. I have always wanted to help the world in some way, shape, or form and I think being an organic polymers chemist has allowed me to be a part of that process.

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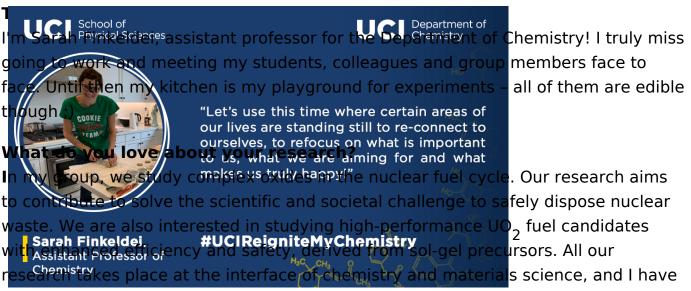
Now that I can't be in the lab, I've been doing a lot more thought experiments. Whether it's my own research or other topics, I've been engaging my mind. I think it's important to remind ourselves that even though we can't apply our knowledge to lab work right now, we can keep learning about what we enjoy. Finding ways to think differently about our research and chemistry in general can be a fruitful and engaging exercise. Even though the labs are closed, we can still perform thought experiments! Sometimes those are more fun anyway because we aren't limited by any physical constraints. Plus it allows us to use our imagination, which is crucial for research.



transformations generate chiral motifs with stereocontrol and atom-economy. Due to the COVID-10 outbreak, my team is focused on collaborative projects within the department that tackle the coronavirus. It's been a very meaningful learning experience and we've been fortunate to work with great colleagues and students from other labs.

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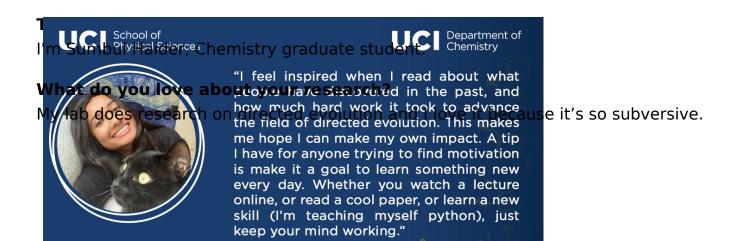
I take comfort in knowing that the whole world is facing this challenge together. It's a unique time in history where we are bonded by a single goal--to survive and thrive through this pandemic. My tip would be to create a schedule for yourself that forces you to prioritize your physical and mental health. More than ever, this is the time to eat right, sleep 7-8 hours a day, and get some exercise daily. And as I shared on twitter recently, UC Berkeley's Greater Good Magazine has a list of six daily quarantine questions that are spot on (see attached).



always enjoyed and valued working with interdisciplinary teams.

# How are you reigniting your passion during this time, and do you have any tips for how others can do the same?

Let's use this time where certain areas of our lives are standing still to re-connect to ourselves, to refocus on what is important to us, what we are aiming for and what makes us truly happy!



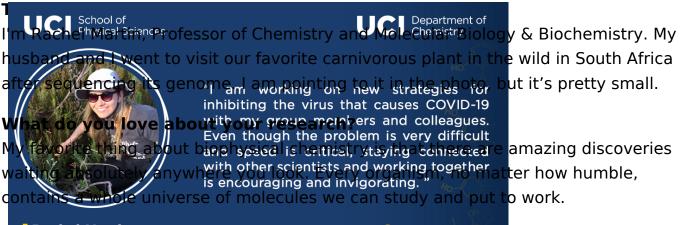
Well, I think chemistry itself is subversive. Scientists in the past realized the therapeutic potential of chemicals found in nature but didn't have the knowledge to re-engineer the biological processes that produced them. But instead of giving up, they developed their own synthetic methods, giving rise to the field of organic chemistry.

#### What first attracted you to the work you do?

I started off as a synthetic organic chemist, and I intended to do my PhD in a synthetic lab before my interests shifted toward chemical biology. I'm attracted to this field because it's new and exciting. I see it as a continuation of our efforts to not only understand but harness the power of biology. We can use directed evolution to explore a vast sequence space and evolve enzymes capable of solving human problems.

## How are you reigniting your passion during this time, and do you have any tips for how others can do the same?

I think my passion for research is still alive during this time because anxiety is my friend. And that comes from my deep discomfort with not knowing something. But I'm trying to use those feelings to be productive with my time by learning more about my field. I feel inspired when I read about what people have discovered in the past, and how much hard work it took to advance the field of directed evolution. This makes me hope I can make my own impact. A tip I have for anyone trying to find motivation is make it a goal to learn something new every day. Whether you watch a lecture online, or read a cool paper, or learn a new skill (I'm teaching myself python), just keep your mind working.



Rachel Martin, Professor of Chemistry and Molecular Biology & Biochemistry

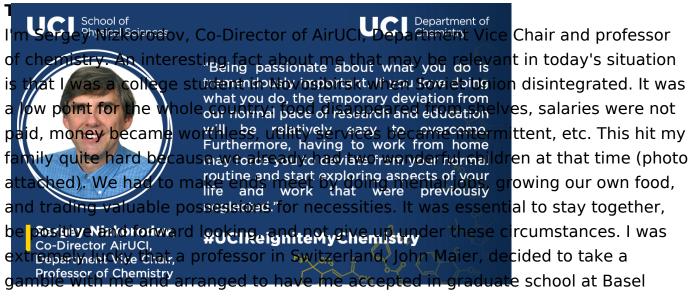
#UCIReigniteMyChemistry

### What first attracted you to the work you do?

I am interested in everything, but I keep coming back to NMR because it is such a versatile technique. It is useful for studying structure, dynamics, and intermolecular interactions over a wide range of timescales.

### How are you reigniting your passion during this time, and do you have any tips for how others can do the same?

I am working on new strategies for inhibiting the virus that causes COVID-19 with my group members and colleagues. Even though the problem is very difficult and speed is critical, staying connected with other scientists and working together is encouraging and invigorating.



University. Attending the graduate school in Basel has profoundly changed the life of my family, and propelled me towards my current career path.

#### What do you love about your research?

I study atmospheric chemistry, which represents a great fusion of fundamental and applied sciences. I love how broad this field is: we read and publish all kinds of science and engineering papers (physical chemistry, analytical chemistry, meteorology, geosciences, food chemistry, toxicology, epidemiology, biology, aerospace engineering, to name a few). I also love how collaborative this field is, with many studies done by teams of laboratory researchers, field researchers, theorists and modellers. Finally, the field is small enough that everyone in this research area knows each other, and we are all exceptionally collegial. I am really fortunate to be at UCI, which is a internationally-recognized hub of atmospheric chemistry research. As a result, I have fantastic graduate students, unbelievably wonderful colleagues, and can enjoy a constant stream of visitors, who want to work with us.

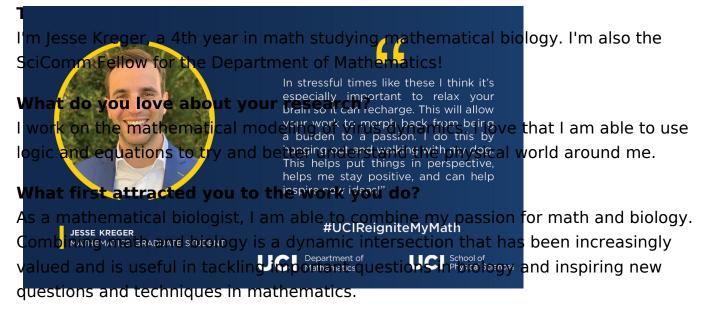
#### What first attracted you to the work you do?

My college was in an academic town called Akademgorodok (https://en.wikipedia.org/wiki/Akademgorodok), where the majority of the population worked in research institutes. Some of these people frequently taught seminars at our university. I was amazed how passionate they were about their work, and how intelligent they all were. My admiration with my college instructors drove me into doing research, which initially was in chemical physics. A major factor that catalyzed my transition into atmospheric chemistry was attending a Gordon Conference in Atmospheric Chemistry conference and discovering how much more diverse it was compared to any of the conferences I attended before. This diversity made the conference so much more energetic and vibrant, and helped me fall in love with this research field.

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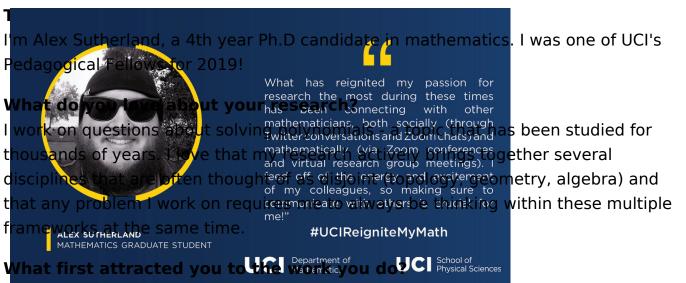
Being passionate about what you do is tremendously important. If you love doing what you do, the temporary deviation from our normal pace of research and education will be relatively easy to overcome. Furthermore, having to work from home may force you to deviate from your normal routine and start exploring aspects of your life and work that were previously neglected. For example, I find that I have more time to read research literature, learn new educational tools, learn new cooking recipes, read more books, and go on more walks between stretches of work. Another way to get motivated is to get inspiration from some of our predecessors who had to do science under much harder circumstances than we experience now. A classic example in my field of research is Nikolai Fuchs

(http://www.iara.org/newsfolder/pioneers/2AerosolPioneerEditedAugNAFuchs.pdf), one of the pioneers of aerosol science, who was arrested for political reasons during the most productive time in his science career, and had to do research in a special prison for 8 years. This has not stopped him from writing the most influential monograph in aerosol research later in life. The point of this, we should not let minor inconvenience prompted by working from the comfort of our home slow us down!



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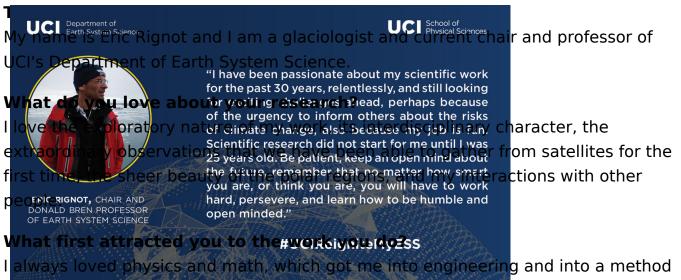
In stressful times like these I think it's especially important to relax your brain so it can recharge. This will allow your work to morph back from being a burden to a passion. I do this by hanging out and walking with my dog. This helps put things in perspective, helps me stay positive, and can help inspire new ideas!



My research area has a history that is not only mathematically interesting, but inherently tied to human history as well. Many of the articles most relevant to my research are from the late 1800s and early 1900s, which is very uncommon for most grad students in mathematics. I have loved going back to these original texts and digging up shockingly modern perspectives on classical questions.

### How are you reigniting your passion during this time, and do you have any tips for how others can do the same?

What has reignited my passion for research the most during these times has been connecting with other mathematicians, both socially (through Twitter conversations and Zoom chats) and mathematically (via Zoom conferences and virtual research group meetings). I feed off of the energy and excitement of my colleagues, so making sure to communicate with others is crucial for me!



of solving problems, but then I drifted to science which offered beautiful physical challenges in terms of exploration and discovery.

# How are you reigniting your passion during this time, and do you have any tips for how others can do the same?

I have been passionate about my scientific work for the past 30 years, relentlessly, and still looking for exciting challenges ahead, perhaps because of the urgency to inform others about the risks of climate change, also because my job is fun. Scientific research did not start for me until I was 25 years old. Be patient, keep an open mind about the future, remember that no matter how smart you are, or think you are, you will have to work hard, persevere, and learn how to be humble and open minded. Project Collaborators: Tatiana Arizaga, Krista Fruehauf, Jesse Kreger, Tiffany Kuo, Sophia Nasr, Fe Valencia

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